Dance has been a defining part of my life for sixteen years, giving me a creative outlet and teaching me dedication, perseverance, and self-expression. I have trained in ballet, pointe, jazz, lyrical, tap, contemporary, and musical theater for fourteen of those years, developing versatility and a deep appreciation for the artistry within each of these styles. Of all the dance styles, ballet is my favorite! As part of the dance performance team, I had the opportunity to dance at Disneyland, Universal Studios, and local venues around Washington.

For the past four years, I have also been a dance instructor here at Arlington School of Dance, sharing my knowledge and passion with students of all ages. I strive to create a positive environment where dancers feel supported and inspired. Watching students grow, improve, and discover their passion for dance is one of the most rewarding parts of teaching.



